

**April 2025** 

## Common ground.

## Soul Food.

From the office of Mission Integration and Spiritual Care.

Inspired by the Jubilee year theme of "Pilgrims of Hope" Pope Francis invites us to use this Lenten Season as an opportunity to "journey together in hope." Regardless of our faith tradition it is an opportunity for self examination in how we welcome hope in our lives?" And in doing so, further hold the question "how do we then accompany one another in our shared journey of this human experience." With so many changes and challenges happening in the world, and even in our own personal lives, Lent is a time to take a sacred pause and enter the day more slowly and mindfully. In that sacred pause, I encourage you to reflect on the question, "where might I create more space for the hopefulness of life and surrender more fully to the hopefulness offered us in the Resurrection of Jesus. Pope Francis' message tells us "this journey is made together and explains we are called to walk at the side of others, and never as lone travelers." In the quiet of the chapel or in the quiet of your room may you find a moment to ponder what little acts of hope might you extend to others during this Holy Season.

### **Sophia Lloyd** *Director of Mission Integration and Spiritual Care*





# Employee spotlight.

Karen has been with St. Clare Commons for 5 years as an assisted living and memory care nurse. Originally from Michigan, she grew up riding horses and enjoys visiting Las Vegas and Florida in her spare time. A typical day for Karen includes helping residents get ready for breakfast, passing medications, and making time to connect with each resident. She loves the residents at St. Clare, considering them like family, and is committed to ensuring their comfort and care.

We are grateful to have Karen as a vital part of our community!



#### Join us this Easter season.

As we march into April, let's celebrate the beautiful holidays that this season brings.

We invite families to our Easter Day Mass at 10 a.m. — a wonderful way to honor this joyous occasion together.

As spring blossoms, we've welcomed back our feathered friends with bird feeders to keep them nourished.

Keep an eye out for them on our grounds and enjoy the beauty of nature this season!









# Important dates for family and residents.

#### **April**

- 1 APRIL FOOLS DAY
- 1 Zoar Lutheran Church Service, 1 p.m.
- 8 Live Music with David Puatno, 2 p.m.
- Woodworking Craft,1 p.m.
- 10 Happy Hour with Ragtime Rick, 3 p.m.
- **12** Passover Begins
- 13 Palm Sunday
- 16 Happy Hour with Ira Morehart, 3 p.m.
- 17 Holy Thursday
- **18** Good Friday
- **20** Easter Sunday
- **22** Earth Day
- 23 National Picnic Day, 11:30 a.m.
- **23** Club Fit, 1 p.m.
- 25 Arbor Day
- 30 April Birthday Party with Ben the Saxophone player, 1 p.m.

St. Clare Commons Hello humankindness