

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|---|--|---|---|---|--|
| <div>AR - Activity Room</div> <div>C - Chapel</div> <div>CR - Community Room</div> <div>L - Lobby</div> <div>LG - Lounge</div> | <u>Birthdays</u> | | | | <div>1</div> <div>C 9:00</div> Prayer and Share <div>CR 9:30</div> Yoga <div>CR 10:00</div> Stretch and Tone <div>AR 12:30</div> Sign up for Linus Oakes Spring Skit <div>CR 12:45</div> Balloon Volleyball <div>LG 1:00</div> Board Game Hour <div>CR 2:30</div> Meditation Moments <div>LG 3:30</div> Social Hour | <div>2</div> <div>L 9:00</div> Stroll along <div>LG 10:00</div> Morning Mimosas <div>LG 1:00</div> Board Game Hour <div>LG 3:30</div> Social Hour with special Magic performance <div>CR 6:00</div> Bingo |
| <div>3</div> <div>Begin Spring Cleaning</div> <div>LG 1:00</div> Board Game Hour <div>LG 5:00</div> Piano Music With Jean | <div>4</div> <div>C 9:00</div> Prayer and Share <div>CR 9:30</div> Yoga <div>CR 10:00</div> Stretch and Tone <div>AR 12:45</div> Experiencing Texture <div>LG 1:00</div> Board Game Hour <div>CR 1:00</div> Movie:Some like it Hot <div>AR 3:00</div> Book Club | <div>5</div> <div>L 9:00</div> Stroll along <div>AR 10:00</div> Flower Pot Painting <div>11:00</div> Dutch Bros Dash Limited to 4 people <div>LG 1:00</div> Board Game Hour <div>L 1:30</div> Shopping Run <div>LG 2:00</div> Coffee Chat with Joleen and John <div>CR 2:30</div> Wildlife Safari Education team Visit <div>CR 3:30</div> Spring Skit Practice | <div>6</div> <div>Puzzle Day at puzzle tables</div> <div>CR 9:30</div> Yoga <div>CR 10:00</div> Stretch and Tone <div>C 10:30</div> Communion <div>LG 1:00</div> Board Game Hour <div>CR 1:00</div> Fighting Fraud <div>L 2:00</div> Douglas County Library Trip | <div>7</div> <div>Everyone wear green</div> <div>L 9:00</div> Stroll along <div>CR 10:00</div> Tai Chi With Bruce <div>LG 10:30</div> Tea Party <div>L 12:30</div> Wailani Shaved Ice Trip <div>LG 1:00</div> Board Game Hour <div>CR 2:00</div> Full Body with Ryan <div>LG 6:00</div> Poker | <div>8</div> <div>CR 9:30</div> Yoga <div>AR 10:00</div> Spring Skit Practice <div>CR 12:45</div> Balloon Volleyball <div>LG 1:00</div> Board Game Hour <div>CR 2:30</div> Meditation Moments <div>LG 3:30</div> Social Hour | <div>9</div> <div>L 9:00</div> Stroll along <div>LG 10:00</div> Morning Mimosas <div>LG 1:00</div> Board Game Hour <div>LG 3:30</div> Social Hour <div>CR 6:00</div> Bingo |
| <div>10</div> <div>Ramadan Begins</div> <div>LG 1:00</div> Board Game Hour <div>LG 5:00</div> Piano Music With Jean | <div>11</div> <div>CR 9:30</div> Yoga <div>CR 10:00</div> Stretch and Tone <div>AR 11:00</div> Bereavement <div>LG 11:15</div> Dementia Support Tea <div>LG 1:00</div> Board Game Hour <div>LG 3:00</div> Spring Cleaning Round Table <div>CR 3:30</div> Spring Skit Practice | <div>12</div> <div>AR 9:00</div> AARP Tax Help 9-2 App Only <div>L 9:00</div> Stroll along <div>LG 10:00</div> Coffee Chat with Kristen <div>11:00</div> Dutch Bros Dash Limited to 4 people <div>LG 1:00</div> Board Game Hour <div>L 1:30</div> Shopping Run <div>CR 2:30</div> Bingo <div>CR 3:30</div> Spring Skit Practice | <div>13</div> <div>CR 9:30</div> Yoga <div>CR 10:00</div> Stretch and Tone <div>L 12:00</div> Dementia Support Group <div>LG 1:00</div> Board Game Hour <div>CR 1:00</div> Health Talk: DHS Medicaid , Facility Placement and more <div>L 2:00</div> Douglas County Library Trip <div>LG 2:30</div> Popcorn Bar | <div>14</div> <div>L 9:00</div> Stroll along <div>CR 10:00</div> Tai Chi With Bruce <div>LG 10:30</div> Tea Party <div>L 11:00</div> Mod Pizza <div>LG 1:00</div> Board Game Hour <div>CR 2:00</div> Full Body Training with Ryan <div>LG 3:14</div> Pie in the Face | <div>15</div> <div>C 9:00</div> Prayer and Share <div>CR 9:30</div> Yoga <div>CR 10:00</div> Stretch and Tone <div>12:30</div> Roseburg Audiology MailRoom <div>LG 2:00</div> St Patty's Day Party 2:00 <div>LG 3:30</div> Social Hour | <div>16</div> <div>L 9:00</div> Stroll along <div>C 10:00</div> Contemplative Prayer <div>LG 10:00</div> Morning Mimosas <div>LG 1:00</div> Board Game Hour <div>LG 3:30</div> Social Hour with Dylan James <div>CR 6:00</div> Bingo |

**Activities subject to change
Life is like riding a bicycle. To Keep your balance, you must keep moving."*

| Sunday | | Monday | | Tuesday | | Wednesday | | Thursday | | Friday | | Saturday | |
|--|-------------------|--|------|--|---------------|---|--|---|--|---|-------------|--|--|
| 17 | St. Patrick's Day | 18 | | 19 | Spring Begins | 20 | | 21 | | 22 | | 23 | |
| <div>12:00 Early Dinner 12-2</div> <div>LG 1:00 Board Game Hour</div> <div>LG 5:00 Piano Music With Jean</div> | | <div>C 9:00 Prayer and Share</div> <div>CR 9:30 Yoga</div> <div>CR 10:00 Stretch and Tone</div> <div>AR 10:00 Yard Sale Sign Making</div> <div>LG 1:00 Board Game Hour</div> <div>L 1:30 Bowling Limited Seating Sign up</div> <div>CR 3:30 Spring Skit Practice</div> | | <div>AR 9:00 AARP Tax Help 9-2 pm app only</div> <div>L 9:00 Stroll along</div> <div>CR 10:00 Health Talk: Polyps / Cancer</div> <div>L 11:00 Dutch Bros Dash Limited to 4 people</div> <div>LG 1:00 Board Game Hour</div> <div>AR 1:00 Vision Writers Group</div> <div>L 1:30 Shopping Run</div> <div>CR 2:30 Bingo</div> <div>CR 3:30 Spring Skit Practice</div> <div>AR 3:30 Succulent Planting</div> | | <div>C 9:00 Prayer and Share</div> <div>CR 9:30 Yoga</div> <div>CR 10:00 Stretch and Tone</div> <div>C 10:30 Communion</div> <div>LG 1:00 Board Game Hour</div> <div>L 2:00 Douglas County Library Trip</div> <div>LG 3:30 Round Table: Decluttering</div> | | <div>L 9:00 Stroll along</div> <div>C 9:45 Chapel Worship Service</div> <div>LG 10:00 Irish Tea Party</div> <div>CR 10:00 Tai Chi With Bruce</div> <div>L 11:00 Wildlife Safari</div> <div>LG 1:00 Board Game Hour</div> <div>AR 1:00 Massages with Dani</div> <div>CR 2:00 Resident Council Meeting</div> <div>CR 3:15 Bean Bag Baseball</div> <div>6:00 Poker</div> | | <div>C 9:00 Prayer and Share</div> <div>CR 9:30 Yoga</div> <div>CR 10:00 Stretch and Tone</div> <div>CR 12:45 Balloon Volleyball</div> <div>LG 1:00 Board Game Hour</div> <div>CR 2:30 Meditation Moments</div> <div>LG 3:30 New Resident Orientation Social</div> <div>3:30 Social Hour</div> | | <div>Chips and Dip Day</div> <div>L 9:00 Stroll along</div> <div>LG 10:00 Morning Mimosas</div> <div>LG 1:00 Board Game Hour</div> <div>LG 3:30 Social Hour</div> <div>CR 6:00 Bingo</div> | |
| 24 | | 25 | Holi | 26 | | 27 | | 28 | | 29 | Good Friday | 30 | |
| <div>LG 1:00 Board Game Hour</div> <div>LG 5:00 Piano Music With Jean</div> | | <div>C 9:00 Prayer and Share</div> <div>CR 9:30 Yoga</div> <div>CR 10:00 Stretch and Tone</div> <div>AR 11:00 Bereavement</div> <div>LG 1:00 Board Game Hour</div> <div>L 1:30 Bowling Limited Seating Sign up</div> <div>CR 3:30 Spring Skit Practice</div> | | <div>L 9:00 Stroll along</div> <div>LG 10:00 Cereal Bar</div> <div>L 11:00 Dutch Bros Dash Limited to 4 people</div> <div>LG 1:00 Board Game Hour</div> <div>L 1:30 Shopping Run</div> <div>CR 2:30 Bingo</div> <div>CR 3:30 Spring Skit Practice</div> | | <div>C 9:00 Prayer and Share</div> <div>CR 9:30 Yoga</div> <div>CR 10:00 Stretch and Tone</div> <div>LG 1:00 Board Game Hour</div> <div>CR 1:00 Health Talk: Emergency Preparedness</div> <div>L 2:00 Douglas County Library Trip</div> <div>AR 3:30 Floral Arranging</div> | | <div>L 9:00 Stroll along</div> <div>CR 10:00 Tai Chi With Bruce</div> <div>LG 10:30 Tea Party</div> <div>LG 11:30 Pie Tasting at lunch</div> <div>LG 1:00 Community Yard Sale With Snacks and Bill Lee Playing in Oak Lodge 1- 4 pm</div> | | <div>C 9:00 Prayer and Share</div> <div>CR 9:30 Yoga</div> <div>CR 10:00 Stretch and Tone</div> <div>LG 11:30 End of Month Birthday Bash and Easter Egg Hunt</div> <div>CR 12:45 Balloon Volleyball</div> <div>LG 1:00 Board Game Hour</div> <div>CR 2:30 Meditation Moments</div> <div>LG 3:30 Social Hour and Spring Skit</div> | | <div>L 9:00 Stroll along</div> <div>LG 10:00 Morning Mimosas</div> <div>LG 1:00 Board Game Hour</div> <div>LG 3:30 Social Hour</div> <div>CR 6:00 Bingo</div> | |
| 31 | Easter | | | | | | | | | | | | |
| <div>LG 1:00 Board Game Hour</div> <div>LG 5:00 Piano Music With Jean</div> | | | | | | | | | | | | | |

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