

The Gardens greetings & St. Elizabeth stories.

Featured Meetings and Activities

IL Resident Meeting

Mon. Mar. 4th - 1:00 PM
Auditorium

AL Resident Meeting

Tues., Mar. 26th 1:30 PM
Day Room

AL Activities

Planning Meeting:

Tues., Mar. 26th - 2:00 PM
Day Room

Friday Fish Fry at

St. James Church - \$13

Fri. Mar. 8th - 4:00 PM
Sign up required.

Beautiful Butterfly Talk by the Butterfly Pavilion

Wed. Mar. 13th - 1:00 pm
Auditorium

St. Patrick's Day Happy Hour followed by Corn Beef &

Cabbage Dinner

Thurs. Mar. 14th
Happy Hour: Pub 4PM -5:30 PM
Dinner: Dining Rooms 4:30 PM
to 6:00 PM

Celtic Step Dancers

Fri. Mar. 15th - 1:30 PM
Auditorium

Meet Buddie and Bob - GSE Resident Birds



Some of you are aware that former Independent Living resident Carol S. had a little blue parakeet bird she affectionately named Aquila. At one time Carol also had another bird which was named Priscilla. She named them both after Sts. Aquila and Priscilla, disciples of St. Paul. Priscilla passed away and Aquila and Carol lived together for many years. Carol also called Aquila, Buddie.

Carol was always very worried about what would happen to Buddie if something happened to her. Her son Mark and daughter-in-law, Christy, were more than happy to give Buddie a home, but Carol worried about this because Mark and Christy had two cats.

When Carol went to the hospital, Buddie came down to live in the administrative offices at GSE until Carol was able to return. Unfortunately, it wasn't God's will for Carol to return and she passed away on Friday, December 8th. Typically we are not able to take on the care of resident pets, however, with Buddie being a small bird who was easy to care for it was decided that Buddie would become a permanent resident at GSE. Mark and Christy were very happy that Buddie would be able to remain at GSE and be well cared for.

After a few weeks, it seemed Buddie was becoming very lonely and missing his longtime companion, Carol. At the beginning of February, a new green parakeet named Bob came to keep Buddie company. They stayed in separate cages for the first week to get used to each other, but now are living in the same large cage (that Mark and Christy bought for Buddie). Buddie and Bob have become fast friends and enjoy each others company. Sometimes you can hear them chirping from the West Tower Lobby.

Continued inside...

Monthly Reflection by Chaplain Aram: *Our Journey Through Holy Week*

May this reflection by Gertrud Mueller Nelson help enrich your experience of Holy Week!

PALMS: On Passion Sunday, the Eucharistic feast is rent between the jubilation of Christ's entry into Jerusalem and the story of his passion. We are both the children of Jerusalem who hail the Anointed One, and the people who have failed to know him in the faces of our sisters and brothers. Bring home your palms to place over your door, tuck behind a sacred image where you pray, or slip it into a prayer book.

SILENCE: When all is talk and background noise, silence is a rare gift and an element difficult to guard in a busy world. On HOLY THURSDAY, after the community celebrations have been completed, after the altar has been stripped and the Eucharist has been carried to its place of repose (that "little Garden of Olives"), we watch a while with Christ. Sit there in silence and simply BE. Allow silence to fill you with peace. Return home in silence. It is deeply moving to see a whole community leave the church and return home without talking. No need for idle chatter this night.

From GOOD FRIDAY to the VIGIL OF EASTER, put away all unnecessary clamor. Do without your radio, your CDs, the TV, your cell where you can, certainly your iPod and other noisy distractions. Do without the car radio, and the movies. How automatically we fill our surroundings with chatter and background noise. How stunning to choose silence. Use the day to freshen the house and garden. Bake a traditional treat for Easter—a fruited bread perhaps. Make colored eggs with your children, grandchildren, friends, or neighbors.

FIRE: At the beginning of the VIGIL celebration, a large fire is struck and blessed. From that blessed fire we light the large Paschal candle. We follow the light of the Easter candle into the church, hearing then a magnificent chant sung to its honor: "Accept this Easter candle, a flame divided but undimmed, a pillar of fire that glows to the honor of God." Listen in this great chant for the thanks we give to the bees who have given us the wax for our candles!

WATER: This is the night when WATER and FIRE meet and do not cancel each other out, but enhance and bless each other. The Paschal candle is plunged into the Baptismal waters, that womb of the Church from which each of us has been reborn. This water, so elemental, sometimes life-giving, sometimes terrifying in its destructive power, is something that we too often take for granted. Easter's blessing of water urges us to re-acquaint ourselves with its daily power as it re-affirms our own baptism.

BELLS: Because of the stark silence of Holy Thursday and Good Friday, the toned down music at worship and a whole Lenten season without an Alleluia, when the Easter Vigil comes, we can no longer contain ourselves. The lights come up and darkness is dispelled: the bells are rung throughout the singing of the Gloria!

EASTER: We break the special Paschal fast which we undertook from Holy Thursday until the end of Easter's Eucharistic feast. We Break-Fast with the traditional foods of Easter. It is a beautiful thing to see those baskets of eggs and breads on the Easter table. Sprinkle a blessing on these foods with Holy Water you brought home. Because Easter is the feast of the bodily Resurrection of Jesus, we learn once again that the material body and all materiality is made holy. None of the elements we have celebrated in these days is too mundane to be holy: in fact, exactly what is mundane (of this earth) is made holy in the mystery of the Resurrection.

Pressed Flower Card Sale

The first GSE Pressed Flower Card Sale of 2024 will be on Tuesday, March 19th at 10:30 AM in the Market Bistro Lobby. The Pressed Flower Cards are a handmade tradition at The Gardens at St. Elizabeth. Resident volunteers donate their time and talent to make these very special cards. All proceeds from the sales go to the Activities Fund. They are priced at \$1.50 per card or you can purchase 4 cards for \$5.00. Stop by and stock up on some of these lovely cards!



New GSE Neighbors

Donna Lorene Lucero
Mary Larkin
Josie Allen
Emma Pacheco
Elizabeth Sanders
John & Connie Martinez
David Ashmore

Featured Services

GSE Security

720-514-4373

6:00 PM to 6:30 AM

Therapy Services

Legacy Healthcare Services
Physical, Occupational and
Speech Therapy Services.
Call 303-964-2112

Concierge Care Services

Family Tree In-Home Care
Call 303-791-3155

Hearing Aid Clinic

Monthly visit.

Sign-up at Activity Desk

Dermatologist Visits

Monthly visit.

Sign-up at Activity Desk

Optometrist Clinic

Monthly visit.

Sign-up at Activity Desk

Foot Care Clinic

Please sign-up with the
Front Desk.

Meet Buddie and Bob

Continued from front page...

The cage that was purchased for Buddie has wheels, so in March, we will start designating days, times and locations for residents to come visit with Buddie and Bob. They will not be able to come out of the cage, but residents will be able to come visit Buddie and Bob and watch them in their cage. Watch the daily sheets for visits with Buddie and Bob! Below are some photos of Buddie and Bob individually and together. Buddie is the blue and white parakeet and Bob is the green and yellow parakeet.



Religious Services

Mass Schedule

Mon., Tues., Thurs. & Fri.

10:00 AM

Sat. 4:00 PM

Sun. 10:00 AM

LOCATION: Chapel

Divine Mercy

Chaplet & Rosary

Mon., Wed., Fri. - 3 PM

Sun. - 9:30 AM

LOCATION: Chapel

Interdenominational

Service

Wed. 10:30 AM

LOCATION: Chapel

Centering (Silent) Prayer

Thurs. 1:30 PM - 2:00 PM

LOCATION: Chapel

Televised Mass

Channel 12

Sunday - 6:30 AM

Catholic Programming:

EWTN - Channel 233

Protestant Programming:

TBN - Channel 230 & 236

Scripture Study

Independent Living:

Every Tuesday

2:00 PM

14th Floor City

View Room

Assisted Living:

Every Thursday

11:00 AM

Day Room

Spiritual Life Reminders—by Chaplain Aram

In-Person Scripture Study Discussion: IL residents meet at 2:15 PM in the Pub on the 14th floor. Assisted Living residents meet on Thursdays at 11:00 AM in the Day Room.

Visitation: if you would like a visit for prayer, encouragement, pastoral counsel, or a Home Blessing, please call me at ext. 2355.

Also, I am available to discuss/create a funeral plan with you (it's never too early!) **Deacon Kevin Heckman** – is here most Tuesday and Thursday mornings from 9:00 – Noon. He can visit you upon request (either call Chaplain Aram or you can usually find him right after Mass on those days). The **Seminarians** will return on February 8!

Spring Equinox Ritual and Champagne Toast: Tuesday, March 19 at 6:00 PM in the Pub. Come celebrate Spring as we read poetry, prayers, and make a toast to the new season!

Holy Week Services:

Holy Thursday Mass: 4:00 PM (*no morning Mass)

Holy Thursday Adoration of the Blessed Sacrament: 5:00 – 8:00 PM
(we'll have a signup for 30 min slots)

Good Friday 14 Stations of the Cross: 12:30 PM

Good Friday Service: 3:00 PM (*no morning Mass)

Saturday Easter Vigil: 4:00 PM

Sunday Easter Mass: 10:00 AM

Movie Night with Chaplain Aram: Monday, March 25 at 6 PM. Aram will be showing, *Jesus Christ Superstar* (1973), the 1970s rock opera with music by Andrew Lloyd Webber and lyrics by Tim Rice. This work interprets the struggle of Judas, who is wrestling with the direction Jesus is leading the disciples (which I – Aram – find to be a fascinating study of our society's struggle with following the teachings of Jesus today).



DAYLIGHT
SAVING
TIME

Spring
FORWARD

Sunday, March 10, 2024

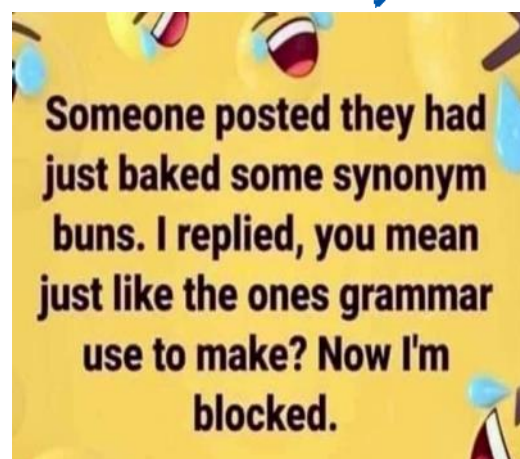
MARCH

Birthdays

Happy Birthday!

Mar. 3rd	Ida Mennen	Mar. 17th	Vanesa A. - Healthcare
Mar. 6th	Bill Park	Mar. 18th	Sue K. - Healthcare
Mar. 9th	Charlotte Sacks	Mar. 19th	Joe Sacks
Mar. 10th	Adeline Cic	Mar. 19th	Emma Pacheco
Mar. 10th	Lynne Nelson	Mar. 19th	Channel G. - Healthcare
Mar. 10th	Margaret M. - Healthcare	Mar. 22nd	Louise du Chelas
Mar. 11th	Marilyn Thornton	Mar. 23rd	Opal Every
Mar. 14th	Tom DeYoung	Mar. 23rd	Mathilde Ruppenthal
Mar. 14th	Xenia Grant	Mar. 23rd	Amadeus A. - Dining
Mar. 15th	Patricia Cracraft	Mar. 28th	Paige G. - Healthcare
		Mar. 30th	Betty Steele

Funnies From Betsy



Daughter: Alexa play Let it Go.
Me: when I was your age I had to call the radio station, wait on hold for 30 mins to request a song, then sit by my boom box for an hour with a blank cassette tape for my song to play so I could record it.
Daughter: I don't know what that means.

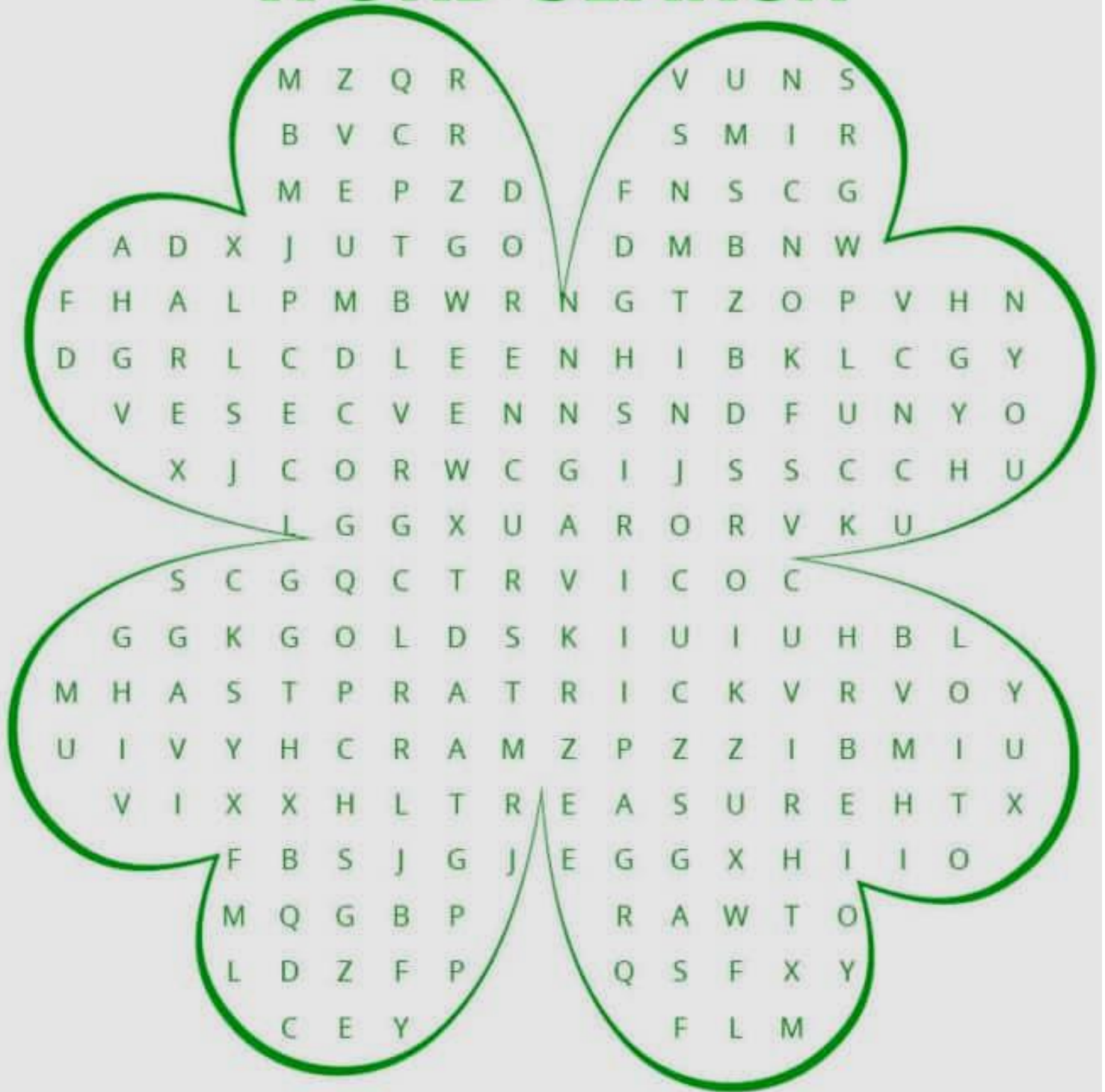
Accidentally used the dogs' shampoo this morning & now I feel like such a good boy.

Weekend Manager On Duty Schedule

Sat. Mar. 2nd - Aram	Sat. Mar. 16th - Freddy	Sat. Mar. 30th - Aram
Sun. Mar. 3rd - Jeanelle	Sun. Mar. 17th - Bosa	Sun. Mar. 31st - John
Sat. Mar. 9th - Madison	Sat. Mar. 23rd - Freddy	
Sun. Mar. 10th - Melissa	Sun. Mar. 24th - Melissa	



ST. PATRICK'S DAY WORD SEARCH



RAINBOW
ST. PATRICK
TREASURE

IRISH
GREEN
LUCK

GOLD
MARCH
CLOVER