




Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		AM: Beauty Shop by Apt. 1 9-10:30am Bible Study with St. Mary of Nazareth Church 1pm Music and Massage with Jeanne 3pm Rosary 3:30pm Mass <small>All Fools' Day</small>	AM/PM: Beauty Shop by Apt. 2 10am Wii Bowling 11am Mind Matters Committee 1:30pm Dog Visit: Ziggy 1:30pm Bingo 6pm Rummikub Limerick	3 9:30am Manicures 1:30pm Coffee Social with McAuley MP 3pm Rosary 3:30pm Mass	4 9:45am HASFit Exercise 10:15am Garden Club Planning 1pm WISE Program with Penny 3pm Stations of the Cross 6pm Rummikub Limerick	5 10am Social Committee Hosts Coffee Hour Dublin 1pm Family Movie: <i>A Dog's Journey</i> 3:15pm Social Committee Hosts Uno Galway
6 10am Rosary 10:30am Mass 1pm Physical Committee Hosts Bean Bag Baseball 2:30pm Non-Denominational Service with Mark Bristow	7 10:15am Outdoor Walking to Hyvee Fast n Fresh 12:45pm Outing: Iowa State Capital Tour (Tour at 1:30pm)	AM: Beauty Shop by Apt. 8 9-10:30am Bible Study with St. Mary of Nazareth Church 1:30pm Bingo 3pm Rosary 3:30pm Mass	AM/PM: Beauty Shop by Apt. 9 10:15am Bean Bag Baseball 1pm ARL TheraPets: Pookie 6pm Rummikub Limerick	10 10:15am Wii Golf 11am Outreach Committee 1pm Outing: Hyvee 1:30pm Seated Cardio with Rachel 3pm Rosary 3:30pm Mass 4pm Confessions	11 9:45am HASFit Exercise 10:15am Garden Club Planning 1pm WISE Program with Penny 3pm Stations of the Cross BD 6pm Rummikub Limerick	12 10am Social Committee Hosts Coffee Hour Dublin 1pm Classic Musical: <i>The Wizard of Oz</i> 3:15pm Social Committee Hosts Kings in the Corner Card Group Galway <small>Passover Begins</small>
13 10am Rosary 10:30am Mass-Palm Sunday 1pm Physical Committee Hosts Indoor Walking 2pm Mind Matters Committee Hosts Therapeutic Adult Coloring <small>Palm Sunday</small>	14 10:15am Seated Arm Exercises 11am Physical and Social Committee 1:30pm April Birthday Residents Plan a Meal	AM: Beauty Shop by Apt. 15 9-10:30am Bible Study with St. Mary of Nazareth Church 1:30pm Bingo 3pm Rosary 3:30pm Mass	AM/PM: Beauty Shop by Apt. 16 10:15am Stuff Easter Eggs for Party with Traditions Daycare 1:30pm Birthday Social 6pm Rummikub Limerick	17 10:15am Seated Cardio 11am Lunch Bunch: Ihop 1:30pm Food Council 3pm Rosary 3:30pm Mass-Holy Thursday	18 9:30am Manicures 9:30am Dog Visit: Cybil 1pm WISE Program with Penny 3pm Good Friday: Veneration of the Cross Service BD 6pm Rummikub Limerick	19 10am Social Committee Hosts Coffee Hour Dublin 1pm Romantic Musical: <i>Easter Parade</i> 3:15pm Social Committee Hosts Skip Bo Galway
20 10am Rosary 10:30am Mass-Easter Sunday 1pm Physical Committee Hosts Bean Bag Baseball 2:30pm Non-Denominational Service with Mark Bristow <small>Easter Sunday</small>	21 10am Easter Party with Traditions Daycare and the Easter Bunny 1pm Bingo	AM: Beauty Shop by Apt. 22 9-10:30am Bible Study with St. Mary of Nazareth Church 1:30pm Earth Day: Clean up Back Courtyard 3pm Rosary 3:30pm Mass with Father Palmer <small>Earth Day</small>	AM/PM: Beauty Shop by Apt. 23 10:15am Outdoor Walking 1:30pm Ice Cream Social: Root Beer Floats 1:30pm Card Games 1:30pm Dog Visit: Evie 6pm Rummikub Limerick <small>Administrative Professionals Day</small>	24 10am Keeana Visit 10am Outdoor Walking 1:30pm Book Club with Lori 3pm Rosary 3:30pm Mass with Father Palmer	25 9:45am HASFit Exercise 10:15am Garden Club Planning 1:30pm Resident Council 6pm Rummikub Limerick <small>Arbor Day</small>	26 10am Social Committee Hosts Coffee Hour Dublin 1pm Comedy/Musical: <i>A Prairie Home Companion</i> 3:15pm Social Committee Hosts Kings in the Corner Card Group Galway
27 10am Rosary 10:30am Mass 1pm Physical Committee Hosts Indoor Walking 2pm Mind Matters Committee Hosts Arbor Day Trivia	28 10:15am Bean Auction with Bob 1:30pm Manicures	AM: Beauty Shop by Apt. 29 9-10:30am Bible Study with St. Mary of Nazareth Church 1:30pm Bingo 3pm Rosary 3:30pm Mass	AM/PM: Beauty Shop by Apt. 30 9:30am Seated Leg Exercises 10am Spring Baking: Orange Cranberry Muffins 1pm Happy Hour 1pm ARL TheraPets: Georgia 6pm Rummikub Limerick			

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Martina Place Assisted Living 5815 Winwood Dr Johnston, IA 50131 515-251-7999		Lunch 1 Hawaiian Chicken Fluffy Steamed Rice Peas and Carrots Fruit Jell-O w/ topping Dinner Pulled Pork Sandwich Baked Beans Creamy Coleslaw Apple Crisp	Lunch 2 Baked Ravioli Green Bean Almandine Bread Sticks Vanilla Pudding Dinner Chili Cornbread Sugar Cookies	Lunch 3 Baked Ham Scalloped Potatoes Beets Chocolate Fudge Cake Dinner Beef Noodle Casserole Winter Blend Vegetables Pears	Lunch 4 Battered Fish Buttered Potatoes Coleslaw Diced Peaches Dinner Egg Salad on Croissant Tomatoes Sliced Chips Potato Brownie	Lunch 5 Italian Mostaccioli* Buttered Corn Garlic Bread Ice Cream Dinner Salisbury Steak Butter Noodles Mixed Vegetables Seasonal Fresh Fruit
Lunch 6 Roast Beef Baked Potato Broccoli w/ Cheese Dinner Roll Fruit Pie Dinner Chicken Tenders French Fries Creamy Cucumbers Peaches	Lunch 7 Turkey and Rice Casserole Buttered Peas Pineapple Upside Down Cake Dinner Apricot Glazed Pork Loin Hash Brown Casserole Vegetable Blend Rosy Pears	Lunch 8 Beef chopped Steak w/ Mushrooms Mashed Potatoes Buttered Carrots Raisin Rice Pudding Dinner Polish Sausage Oven fried Potatoes Sauerkraut Banana	Lunch 9 BBQ Chicken Baked Beans Cornbread Peanut Butter Cookie Dinner Meatballs Sweet Sour Rice Capri Vegetables Cream Pie	Lunch 10 Baked Ziti Diced Beets Garlic Bread Fruit Salad Dinner BBQ Pork Riblette Sweet Potatoes Green Beans Sherbet	Lunch 11 Crumb Topped Fish Rice Pilaf Buttered Corn Lemon Bar Dinner Hamburger w/ bun French Fries Lettuce/ Tomato/Onions/Pickle Fruit Cocktail	Lunch 12 Savory Pork Roast Egg Noodles Wax Beans Angel Food Cake Dinner Chili Broccoli Raisin Salad Corn Bread Muffin Yogurt
Lunch 13 Oven Fried Chicken Mashed Potatoes w/ Gravy Mixed Vegetable Dinner Roll Apple Pie Dinner Pulled Pork on one Bun French Fries Coleslaw Fruit Salad Palm Sunday	Lunch 14 Beef Stroganoff Buttered Noodles California Vegetable Blend Frosted Cake Dinner Country Fried Steak Mashed Potatoes w/ Gravy Green Peas Diced Pears	Lunch 15 Glazed Ham Scalloped Potatoes Harvard Beets Banana Spice Cake Dinner Hot Dog with Bun Baked Beans Corn on the Cob Tropical Fruit	Lunch 16 Chicken and Rice Casserole Zucchini & Onions Chilled Fruit Cup Dinner Goulash Italian Green Beans Garlic Bread Pudding	Lunch 17 Meatloaf Mashed Potatoes w/ Gravy Butter Carrots Grapes Dinner Pizza Lettuce salad w/ dressing M&M Cookie	Lunch 18 Crunchy Fried Fish Red Skin Potatoes Creamy Coleslaw Orange Cake Dinner Macaroni and Cheese Stewed Tomatoes Ice Cream Good Friday	Lunch 19 Braised Pork Tips Fluffy Steamed Rice Oriental Vegetables Fruit Cocktail Dinner Egg Salad Sandwich Potato Chips Cake/ Icing
Lunch 20 Ham Sweet Potatoes Green Bean Casserole Dinner Roll Pecan Pie Dinner Sloppy Joe on One Bun French Fries Pickle Spear Banana Easter	Lunch 21 Open Faced Turkey Sandwich Mashed Potatoes w/ Gravy Mixed Vegetables Fruited Jell-O Dinner Salisbury Steak Sweet Potatoes Mixed Vegetables Peaches	Lunch 22 Baked Pork Chop Savory Stuffing Brussel Sprouts Chocolate Cake w/ Icing Dinner Chicken Pot Pie Tossed Salad w/ Dressing Sugar Cookies	Lunch 23 Beef Tips Fluffy Steamed Rice Scalloped Corn Apple Crisp Dinner Tuna Noodle Casserole Baby Carrots Vanilla Pudding	Lunch 24 Chicken Breast Filet Mashed Potatoes w/ Gravy Vegetable Blend Mixed Fruit Dinner Swedish Meatballs w/ Gravy Buttered Noodles California Vegetable Blend Frosted Cherry Cake	Lunch 25 Fish w/ Lemon Pepper Fried Rice Prince Edward Vegetables Sherbet Dinner Macaroni and Cheese Lettuce Salad w/ Dressing Jell-O Poke Cake	Lunch 26 Chicken Fettuccini Alfredo Seasoned Green Beans Mandarin Oranges Dinner Hot Dog with Bun Tater Tots Baked Beans Oatmeal Cookie
Lunch 27 Pork Loin w/ Herbs Sweet Potatoes Stewed Tomatoes Dinner Roll Cream Pie Dinner Tuna Salad on Croissant Potato Chips Applesauce	Lunch 28 Roast Beef Mashed Potatoes w/ Gravy Vegetable blend Apricot Halves Dinner Margarita Pizza Tossed Salad w/ Dressing Frosted Cake	Lunch 30 Hawaiian Chicken Fluffy Steamed Rice Peas and Carrots Fruit Jell-O w/ topping Dinner Pulled Pork Sandwich Baked Beans Creamy Coleslaw Apple Crisp	Lunch 31 Baked Ravioli Green Bean Almandine Bread Sticks Vanilla Pudding Dinner Chili Cornbread Sugar Cookies			